

SELF-EVALUATION QUESTIONS

Basic Practicum Competence-Based Requirements

BASIC PRACTICUM SELF-EVALUATION FOR PARTICIPANTS

The following may serve as a self-evaluative tool for participants during Basic Practicum to track skill levels and to offer opportunities to clarify and fine-tune knowledge and improve role-play skills.

1. Identify and explain the strength of my needs and how they impact my relationships.
2. What would I share with an important person in my life how my choices of Quality World Pictures impact my life?
3. One Quality World Picture that I find difficult to change is . . .
4. What story describes a time when my perceptions created a challenge for me?
5. Delineate a time when I was able to change a perception because I asked for more information.
6. Share how I have been able to maintain a close relationship by using a caring habit.
7. How would I explain the purpose of the back wheels?
8. What axiom stands out in my mind as being the most significant?
9. What are the specific conditions that facilitate a safe environment?
10. What questions have I developed in my repertoire that will enhance my reality therapy process?
11. What skills have I learned to role-play and deal with an unfamiliar client?
12. How would I compare self-evaluation with feedback?
13. How would I describe some of the characteristics of lead manager, boss manager, and laissez-faire management?
14. What are the skills I need to develop in a role-play as a lead manager?
15. How would I use the four ways of relating in a role-play?
16. Describe the concepts shown on the Choice Theory chart?
17. How would I explain the interrelationship of the concepts shown on the Choice Theory chart?